

TRAFFORD METROPOLITAN BOROUGH SWIMMING CLUB

2026 - SPRING OPEN MEET



SE NWR, C.C.W.P. & S.A., BCM S & W.P.A.

10th ANNUAL

LEVEL 3 SPRING OPEN MEET -License 3NW#####

Short Course

Held Under Swim England Laws & Swim England Technical Rules

Sunday 10th May 2026

Sale Leisure Centre, Broad Road, Sale, M33 2AL

**Prizes for: top 6 in individual events,
top 3 in relays, top boy/open swimmer, top girl swimmer
and top visiting club**

Age categories: 9, 10, 11, 12, 13, 14, 15 Yrs & Over

Individual Events: 50m Backstroke, Breaststroke, Butterfly & Freestyle,

100m Backstroke, Breaststroke, Butterfly, Freestyle & IM

Relays: Medley & Freestyle 9-12 years/13 & Over

AGE on DAY as at midnight 10th May 2026.

Entries into this gala will be on a first come first served basis.

Entries may be accepted without ranking times.

All entries via online electronic entry system - see Entry Procedure section

Entries: - £8.00 per individual event. £12.00 per relay event

Further Information from:

PROMOTER - TMBSCL, Sale Leisure Centre, Broad Road, Sale, Cheshire M33 2AL.

Email: trafford.metro@swimclubmanager.co.uk

TRAFFORD METROPOLITAN BOROUGH SWIMMING CLUB

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Closing Date for Entries: 12th April 2026

PROGRAMME OF EVENTS

Under Swim England Laws & Swim England Technical Rules

Sunday 10th May 2026

Sale Leisure Centre, Broad Road, Sale. M33 2AL

ALL EVENTS ARE HEAT DECLARED WINNERS

ENTRY FEE: £8.00 PER INDIVIDUAL EVENT £12.00 PER RELAY EVENT

AGE ON DAY – as at midnight 10th May 2026

SESSION 1 – START 9am			SESSION 2 – START TBC TBC via email after closing date		
WARM UP			WARM UP		
Boys/Open/ Open	8.00- 8.25 am		Girls	TBC via email after closing date	
Girls	8.30 - 8.55 am		Boys/ Open	TBC via email after closing date	
EVENT			EVENT		
101	Boys/Open	9 Years & Over 50m Breaststroke	214	Girls	9 Years & Over 100m IM
102	Girls	9 Years & Over 50m Breaststroke	215	Boys/Open	9 Years & Over 50m Backstroke
103	Boys/Open	9 Years & Over 100m Freestyle	216	Girls	9 Years & Over 50m Backstroke
104	Girls	9 Years & Over 100m Freestyle	217	Boys/Open	9Years & Over 100m Breaststroke
105	Boys/Open	9 Years & Over 50m Butterfly	218	Girls	9 Years & Over 100m Breaststroke
106	Girls	9 Years & Over 50m Butterfly	219	Boys/Open	9 Years & Over 50m Freestyle
107	Boys/Open	9 Years & Over 100m Backstroke	220	Girls	9 Years & Over 50m Freestyle
108	Girls	9 Years & Over 100m Backstroke	221	Boys/Open	9 Years & Over 100m Butterfly
109	Boys/Open	9 Years & Over 100m IM	222	Girls	9 Years & Over 100m Butterfly
110	Girls	9-12 Years 4X50m Medley	223	Boys/Open	9-12 Years 4X50m Freestyle
111	Girls	13&Over 4X50m Medley	224	Boys/Open	13 Years & Over 4X50m Freestyle
112	Boys/Open	9-12 Years 4X50m Medley	225	Girls	9-12 Years 4X50m Freestyle
113	Boys/Open	13&Over 4X50m Medley	226	Girls	13&Over 4X50m Freestyle

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CONSIDERATION TIMES

Upper limit times.

Entry times will be checked against SE ranking times achieved in the last 24 months. If no available SE ranking time, a submitted time is allowed and it must be equal to or slower than the consideration time.

25m pool times or converted 50m times should be submitted.

Girls

Event	9 yrs	10 yrs	11 yrs	12 yrs	13 yrs	14 yrs	15&over
50m Free	35.00	34.00	32.00	31.00	30.00	28.50	28.00
100m Free	1:13.50	1:10.50	1:07.50	1:05.50	1:03.00	1:02.00	1:01.00
50m Breast	45.50	43.80	40.00	39.00	38.20	37.47	36.00
100m Breast	1:40.00	1:35.42	1:27.50	1:20.34	1:19.20	1:18.11	1:17.50
50m Fly	42.00	39.20	36.50	34.00	33.00	32.00	29.00
100m Fly	1:28.50	1:24.00	1:19.00	1:15.00	1:11.50	1:08.00	1:05.20
50m Back	43.00	40.74	38.50	36.05	34.50	33.50	33.00
100m Back	1:32.00	1:26.00	1:20.50	1:16.00	1:12.50	1:10.70	1:10.00
100m IM	1:25.30	1:21.22	1:19.80	1:15.44	1:12.48	1:10.42	1:09.33

Boys/ Open

Event	9 yrs	10 yrs	11 yrs	12 yrs	13 yrs	14 yrs	15&over
50m Free	34.20	32.80	30.80	29.50	29.00	27.81	26.60
100m Free	1:13.00	1:10.00	1:07.00	1:05.00	1:02.60	1:01.50	59.30
50m Breast	46.00	44.00	41.20	39.80	38.50	35.44	33.50
100m Breast	1:43.00	1:38.00	1:30.50	1:24.00	1:20.30	1:17.00	1:13.50
50m Fly	43.50	38.00	35.80	33.90	32.50	31.00	27.00
100m Fly	1:26.80	1:22.60	1:17.86	1:14.23	1:09.50	1:06.83	1:04.00
50m Back	42.00	39.50	37.00	34.50	34.00	33.00	31.80
100m Back	1:31.00	1:25.00	1:19.40	1:15.60	1:11.80	1:08.45	1:06.50
100 IM	1:24.00	1:20.30	1:18.00	1:14.50	1:12.00	1:10.00	1:08.84

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CONDITIONS/PROGRAMME NOTES

VENUE: Sale Leisure Centre, Broad Road, Sale. M33 2AL.

The Pool: 6 Lanes, 25 metres, Electronic timing, Anti Wave Lane Ropes, No outdoor shoes may be worn on the poolside, but footwear must be worn in the spectators' galleries and outside the pool marshalling area.

MEET ORGANISATION

Meet Promoter: Competition Secretary, TMBSC, Sale Leisure Centre, Sale. M33 2AL

Email: trafford.metro@swimclubmanager.co.uk

The Meet is held under Swim England Laws & Technical Rules. Level 3 License Number 3NW#####

The order of events and allocation of events to specific sessions may be changed at the discretion of the promoter.

Team Managers or Coaches are responsible for the behaviour and whereabouts of their swimmers at all times.

The promoters do not accept liability for lost property.

All entries and swimmers' data will be held on computer; Entry to the Meet implies consent as required by the Data Protection Act 1998. Results and swimmers' data will be submitted to the SE & displayed on our Club website.

Any point not dealt with by these notes will be at the discretion of the promoters.

AWARDS

All events are Heat Declared Winners. Heats will be arranged and spearheaded according to entry times. Awards will be presented to the top six in all individual Age Groups per event. Awards will be presented to the top 3 teams in relay events. The award for top boy/open and top girl will be made to the swimmers with the most cumulative points from individual events as follows: 1st place 6 points, 2nd place 5 points, 3rd place 4 points, 4th place 3 points, 5th place 2 points and 6th place 1 point. The top boy/open and girl will be the swimmers with the most points at the end of the meet. In the event of a tie a count back on 1st place, 2nd place etc will occur. If this does not produce a winner an additional prize will be awarded. The top visiting team will have accrued the most gala points.

Awards will be presented during the Gala.

Swimmers who are unable to wait for presentations may collect their Awards from the Trophy Steward or make arrangements to collect via the Club at a future Event. Awards will not be posted out after the event.

ENTRIES

Age on Day - AS AT MIDNIGHT 10th May 2026.

CLOSING DATE FOR ENTRIES, SUNDAY 12th April 2026

All swimmers must be SE Club Compete registered. The entry system may not allow input if not so please ensure your registration is applied for in good time for entry to the Meet. **THE INSURANCE COVER PROVIDED TO ALL SWIM ENGLAND MEMBERS MAY BE INVALIDATED IF MEMBERS ARE NOT REGISTERED IN THE CORRECT CATEGORY FOR THE ACTIVITY THEY ARE UNDERTAKING. IN THE EVENT OF AN ACCIDENT/INCIDENT IN WHICH NEGLIGENCE IS PROVED IT COULD LEAVE THE MEMBER EXPOSED TO AN EXPENSIVE CLAIM.**

The girls/female category is for birth sex females only in accordance with Swim England's Transgender and non-binary Competition Policy. By entering the 'girls/female' category, a swimmer confirms that their birth sex is female.

Entries into this gala will be on a first come, first served basis. Priority entry will be given to the 4 Trafford Borough Clubs (Trafford Metro, Altrincham ASC, Stretford ASC, Flixton Swim Team). Entry will open to all other clubs on 9th March 2026. Swimmers without ranking times may be accepted. **The minimum age is 9 in accordance with SE rule 411.5.3.**

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Competitors may compete in the name of one club only.

The promoter reserves the right to limit the entries in any event, in line with licence criteria.

If a session is oversubscribed, the promoter reserves the right to reject some of the slowest entries at their discretion.

Over the top/side by side starts may be used at the referee's discretion and all starts will be into deep water.

If a similar amount of entries are not received for each session, the start of the second session may be subject to change. Any changes will be communicated via email and/or published on our club website.

Late entries may be accepted if the meet is undersubscribed.

Entries are via an electronic entry system and will be provisionally accepted, subject to above conditions and receipt of payment. See details on page 6.

Confirm Entries – will be sent via email directly from entry system as you submit. Any errors please contact Competition Secretary ASAP.

This is a Cardless Meet, CARDS WILL NOT BE ISSUED.

WITHDRAWALS

Any swimmer wishing to withdraw from the morning session must do so by emailing Trafford.metro@swimclubmanager.co.uk no later than 6pm Saturday 19th May 2026. Withdrawals for the afternoon session must be done by the Team Manager or Coach before 11.30 a.m. on the day of the gala.

REFUNDS

Refunds will only be issued if withdrawal is made prior to the gala closing date 12/4/26, or after this date upon receipt of a valid medical note. The medical note or equivalent evidence must be produced within 7 days after the meet. i.e., 17th May 2026.

COACHES/ TEAM MANAGER PASSES £12.00 each. Packs include a pass, warm up info and start lists for both sessions. All coaches & team managers must be fully DBS checked by their club.

For child protection, no person, unless displaying a valid pass, will be allowed on poolside, at any time.

Passes must be pre-ordered. **Free passes will be issued up to a max of 2 for each official supplied per club.**

RESULTS

- Results will be posted poolside and in the upstairs viewing area as soon as is practicably possible after each event and will also be uploaded to the Meet Mobile app as soon as possible
- Results will be available after the Meet via our Club Website as soon as possible.

ON THE DAY

- Swimmers must report to the Competitors' Stewards Two Events before their own Event, except for Event 1 & 2 when it will be immediately after 1st warm up. All heats will be spearheaded.

SPECTATORS

- Spectator Admission - (Admission includes a Free Programme)
- Adults £10.00 all day. One Session Only - £6.00,
- Full price to be paid at morning session – refund of £4 will be given upon return of wristband if leaving before the start of session 2
- Final arrangements will be notified when entries are confirmed.

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Any point not covered by these conditions will be at the discretion of the meet promoter.

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Entry procedure

Following previous year's successful use of the electronic entry system, we will again be using the system this year. It allows all swimmers to enter themselves directly without going through their club competition secretary. Some clubs may wish to continue collecting their club entries and submit as a club. Please check with your club competition secretary (representative) to determine which approach your club is taking.

All entries must be made and paid for on-line by following the link

<https://bsbasa.org/WebEntry/MeetEntry.php?Meet=tmbsectm26>

The entry fee is £8.00 per individual event and £12.00 for relays. No entries will be accepted without payment of the appropriate fees. Payment is via PayPal for individual entry, you do not need a PayPal account, debit and credit cards are accepted via PayPal.

All entry times should be short course (either short course, or converted from long course), and it must be equal to or slower than the consideration time.

The on-line entry system will no longer import your fastest qualifying time for the last 24 months (i.e. from 11th May 2024) from SE Rankings. You must manually enter your entry time which should be slower than the consideration time for your age group. Times submitted will be manually checked after the closing date. If you have no qualifying time on SE Rankings you will be able to enter a time achieved at a non-licensed meet (but it still has to be slower than the consideration time).

Where you have a time achieved since 11th May 2024 (either short course, or converted long course) on SE Rankings that is faster than the consideration time, you are not eligible to enter. The promoter reserves the right to seek confirmation of submitted times from non-licensed meets.

For newcomers to the entry system please note the following

Individual entries

The entry system screen displayed consists of three sections. **You may need to scroll down to view all these sections.**

Personal details – enter details as required

SE details - enter your SE number, the system will then access the SE database to complete SE details. **You will then have to enter your date of birth**

Enter races – click the grey box that says enter races, this will display the events for you to enter your chosen events. **You then need to click submit and Pay**

Payment collection is via Stripe, Stripe accepts payments from Debit Card or Credit Card

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The entry system will send you an email to confirm the details you have entered and then passes control to Stripe to collect payment. At this stage, you have not paid and the confirmation email says payment not yet collected. You can ignore this.

PLEASE NOTE – If at any time during the entry process you notice any comments such as “Non-SE Swimmer DoB/YoB not verified by SE Database “ please ignore - these are due to Swim England no longer allowing automated access to their database.

Families

N.B. Families can input more than one swimmer at a time. **On the first entry screen, there is an option to specify how swimmers you wish to enter.**

Club entries

WE RECOMMEND THAT ALL SWIMMERS ENTER THEMSELVES INDIVIDUALLY; however, clubs may wish to collect the entries from their swimmers in the traditional way and enter the details into a HyTek entry file, which can be obtained from the promoter. **If you are thinking of collecting entries and entering en bloc, please be aware the gala entries closed early in previous years and some clubs missed inclusion completely as they tried to submit after the early closure. We can provide a list to club competition secretaries of swimmers who have entered so they can select relay teams.**

On the first entry screen, there is an option to specify how swimmers you wish to enter.

If you opt for Hy Tek entry file option, the HyTek entry file should then be submitted into the online entry system. Payment should be made by Bank Transfer to the account detailed below.

Bank details: - Sort code 40 40 12 account 81119869 Account Name Trafford Metro BSC, please use your club's name as a reference.

Coaches/ Team Manager Passes

Coaches/ Team Manager Passes (priced at £12 each) are available via the online entry system, but require a password, which can be obtained from the promoter. Email: trafford.metro@swimclubmanager.co.uk

Confirmed Entries –

Confirmation will be sent via email directly from entry system as you submit your entry. Please note this is sent as you submit before payment is complete and may imply payment has not been made. If you proceed to Stripe and pay correctly your Payment will be recorded back to the entry system. You can check your payment if you click [verify any payment](#) in your email confirmation email.

In the event of any errors please contact the PROMOTER –
Email: trafford.metro@swimclubmanager.co.uk

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Dear Fellow Swimming Club Member

As with all Swimming Meets and Galas our Invitation Meet would not run as smoothly, without the help and support, which is given by other Clubs and their officials. With this in mind I would like to ask for your help in ensuring that we have enough officials to run the meet. If there are any qualified officials in your club who intend coming to our Invitation meet and are willing to offer their services to help us on poolside on the day, we would be very grateful for their assistance.

A free coaches pass will be available for your club for each official you supply up to max of 2. The officials will be supplied with refreshments and their petrol & parking expenses will be refunded.

It would help us if anyone offering their services could complete the slip below and return it to the promoter.

Alternatively, please complete the online form as part of the entry system.

Thank you and looking forward to seeing you on the day.

Meet Promoters TMBSC

Name _____ Tel number _____

Email _____

Club _____

I can offer my services at your Meet as:

Referee () Judge () Timekeeper () Other ()

I am available during Session 1 () Session 2 ()

Please tick as appropriate

*On behalf of TMBSC, thank you in advance for any assistance you may be able to offer.
Please return to Tracy Dale, 26 Elmwood, Sale, Cheshire M33 5RN*

Email: trafford.metro@swimclubmanager.co.uk